Parity and Stack-Sortability

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It has long been known, and is not difficult to prove, that the Catalan numbers C_n are odd if and only if $n = 2^k - 1$, for some non-negative integer k. We will look at generalizations of this statement in the following direction. Catalan numbers count *1-stack* sortable permutations of length n. What can we say for t-stack sortable permutations, for various definitions of t-stack sortability?

While for t = 2, this question could be answered by using the explicit formula for the number of these permutations, we prefer combinatorial arguments.