# PACKING TRIANGLES IN $\beta$-REGULAR TOURNAMENTS 

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Thesis submitted as partial fulfillment of the REQUIREMENTS FOR THE MASTER DEGREE

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Jandary, 2014

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## Acknowledgments

I would like to thank my Master's thesis advisor, Professor Raphael Yuster, for his dedication, interest, professionalism and human attitude. I would like to thank my family and my friends, especially my mother Shahrah Akaria and my wife Rasha Akaria, for their support, understanding and for giving me positive energy.

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## Packing Triangles in $\beta$-Regular Tournaments

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## Abstract

For a tournament $T$, let $\nu_{3}(T)$ denote the maximum number of pairwise arc-disjoint triangles (cycles of length 3) in $T$. Let $\nu_{3}(n)$ denote the minimum of $\nu_{3}(T)$ ranging over all regular (in-degree=out-degree) tournaments with $n$ vertices ( $n$ odd). It is conjectured that $\nu_{3}(n)=(1+$ $\left.o_{n}(1)\right) n^{2} / 9$ and proved that

$$
\frac{n^{2}}{11.43}\left(1-o_{n}(1)\right) \leq \nu_{3}(n) \leq \frac{n^{2}}{9}\left(1+o_{n}(1)\right)
$$

This result is an improvement of the best upper bound known to date proven by Yuster, which is :

$$
\frac{n^{2}}{11.5}\left(1-o_{n}(1)\right) \leq \nu_{3}(n) \leq \frac{n^{2}-1}{8} .
$$

The result is generalized to tournaments where the in-degree and out-degree at each vertex may differ by at most $\beta$ n.

## 1 Introduction

All graphs and digraphs considered here are finite and contain no parallel arcs or anti-parallel arcs. In this thesis we will focous on special digraphs called tournaments. A tournament is an orientation of the complete graph. In particular, we focus on regular tournaments, where the in-degree and the out-degree of each vertex is the same. Notice that regular tournaments must have an odd number of vertices, so that the in-degree and out-degree at each vertex is $(n-1) / 2$.

There are exponentially many non-isomorphic regular tournaments with $n$ vertices [5], but they do all share some properties other than just being regular. Most notably, they all have the same number of triangles (which is $\frac{n^{3}}{24}\left(1-o_{n}(1)\right), o_{n}(1)$ is a very small number relative to $n$ ) and the same number of transitive triples, where a triangle is a set of three $\operatorname{arcs}\{(x, y),(y, z),(z, x)\}$ while a transitive triple is a set of three arcs $\{(x, y),(y, z),(x, z)\}$. Throughout this paper a triangle is denoted by $C_{3}$ and a transitive triple is denoted by $T T_{3}$. An arc triangle packing of a digraph is a set of pairwise arc-disjoint subgraphs that are isomorphic to a triangle.

We denote by $\nu_{3}(T)$ the size of a largest triangle packing for a tournament $T$, and let $\nu_{3}(n)$ denote the minimum of $\nu_{3}(T)$ ranging over all regular tournaments with $n$ vertices (recall that $n$ is odd).


Figure 1: The unique regular tournament on 5 vertices showing that $\nu_{3}(T)=2$.

Trivial bounds imply that

$$
\frac{n^{2}}{24}\left(1-o_{n}(1)\right) \leq \nu_{3}(n) \leq \frac{n^{2}}{6}\left(1-o_{n}(1)\right) .
$$

The r.h.s. is trivial since any tournament has $\binom{n}{2}$ arcs and each traingle occupies three of them.

The l.h.s. is trivial since any complete graph has a packing with $\left(1-o_{n}(1)\right) n^{2} / 6$ undirected triangles (because of the existence of Steiner triple systems [4]) so consider the number of undirected triangles that eventually become a $C_{3}$ after assigning the orientation to the edges. As packings of $K_{n}$ are invariant under vertex permutations, the expected number of $C_{3}$ in the resulting packing of the tournament is asymptotically $1 / 4$ of the elements of the (undirected) packing. Therefore, $\nu_{3}(n) \geq\left(1-o_{n}(1)\right) n^{2} / 24$ since, as noted above, any regular tournament has $\frac{n^{3}}{24}\left(1-o_{n}(1)\right.$ triangles, which is asymptotically $1 / 4$ of the total number of triples of vertices.

Some exact values for small $n$ are easy to compute. Clearly, $\nu_{3}(3)=1$ and it is easy to see that $\nu_{3}(5)=2($ see Figure 1).

The best bounds for $\nu_{3}(n)$ are given by Yuster [8]. He proved that:

$$
\frac{n^{2}}{11.5}\left(1-o_{n}(1)\right) \leq \nu_{3}(n) \leq \frac{n^{2}-1}{8} .
$$

The upper bound of Yuster follows from a construction of a regular tournament with a relatively small feedback arc set, which is a set of arcs whose removal makes a digraph acyclic.

Our first main result improves this upper bound. We will use the same construction from [8] but with a more careful analysis. To this end, we use a result connecting the fractional relaxation of the packing problem with its integral one. Our analysis shows that, in fact,

$$
\nu_{3}(n) \leq \frac{n^{2}}{9}\left(1+o_{n}(1)\right) .
$$

We also prove that our analysis of this construction is tight. Namely, the maximum triangle packing of our construction is of size $\left(1+o_{n}(1)\right) n^{2} / 9$. And it is natural to suspect that the construction yielding the upper bound is, in a sense, a "worst case" construction. Thus, we make the following conjecture.

## Conjecture 1.1.

$$
\nu_{3}(n)=\frac{n^{2}}{9}\left(1+o_{n}(1)\right) .
$$

The proof of the lower bound is similar in many aspects in [8]. The additional important ingredient that enables us to obtain the improved lower bound is a strengthening of Lemma 3.3 there, replaced by the significantly more involved Lemma 5.4 here, which bounds the number of triangles containing "dense" arcs (arcs that appear in many triangles). However, we improved the two bounds:

Theorem 1.2.

$$
\left(\frac{1}{3}-\frac{7}{3} \ln \left(\frac{10}{9}\right)\right) n^{2}\left(1-o_{n}(1)\right) \leq \nu_{3}(n) \leq \frac{n^{2}}{9}\left(1+o_{n}(1)\right) .
$$

Notice that $\frac{1}{3}-\frac{7}{3} \ln \left(\frac{10}{9}\right)>1 / 11.43$.
Moreover, this result is generalized to $\beta$-regular tournament, which is a tournament in which the difference between the in-degree and the out-degree at each vertex is at most $\beta n$. So, regular tournaments are $\beta$-regular with $\beta=0$, and $\beta=1$ coincides with the family of all tournaments. Here we no longer need to require that $n$ has a certain parity. Generalizing the above notation, we denote by $\nu_{3}(\beta, n)$ the minimum of $\nu_{3}(T)$ ranging over all $\beta$-regular tournaments with $n$ vertices. The following extends Theorem 1.2.

## Theorem 1.3

$$
\begin{gathered}
\nu_{3}(\beta, n) \leq \min \left\{\frac{1-\beta^{2}}{9}, \frac{(1-\beta)^{2}}{8}\right\} n^{2}\left(1+o_{n}(1)\right) . \\
\nu_{3}(\beta, n) \geq \ln \left(\frac{12(1+\beta)}{11+12 \beta+3 \beta^{2}}\right) n^{2}\left(1-o_{n}(1)\right) \quad \text { if } \beta \leq \frac{1}{2}, \\
\nu_{3}(\beta, n) \geq \ln \left(\frac{6(1+\beta)}{5+9 \beta-3 \beta^{2}+\beta^{3}}\right) n^{2}\left(1-o_{n}(1)\right) \quad \text { if } \beta>\frac{1}{2} .
\end{gathered}
$$

The rest of this thesis is organized as follows. In Section 2, we prove the upper bound in Theorem 1.2. To this end, we need to define the fractional relaxation of the problem and consider its dual covering problem. In Section 3 we prove that the upper bound we obtain cannot be improved using our construction. We explain why it is natural to suspect that this construction is "the worst", and hence the justification for conjecture 1.1. In Section 4 we show how to generalize the construction to $\beta$-regular tournaments and obtain the upper bound in Theorem 1.3. In Section 5 we prove the lower bound in Theorem 1.2. As in [8] our main tool is a result of Haxell and Rödl [3] tailored to the directed setting in [6] connecting the fractional value of a maximum packing with its integral one. Section 6 addresses the changes needed in the statements given in Section 5 in order to apply them to the more general setting of $\beta$-regular tournaments, resulting in the proof of the lower bound in Theorem 1.3.

## 2 Proof of the upper bound for regular tournaments

### 2.1 Fractional relaxation of packing and covering

We start this section by defining the fractional relaxation of the triangle packing problem together with its dual fractional covering problem, and define the parameters $\nu_{3}^{*}(n)$ and $\tau_{3}^{*}(n)$ that are the fractional analogue of $\nu_{3}(n)$ and its dual, respectively.

Let $R_{+}$denote the set of nonnegative reals. A fractional triangle packing of a digraph $G$ is a function $\psi$ from the set $\mathcal{F}_{3}$ of copies of $C_{3}$ in $G$ to $R_{+}$, satisfying $\sum_{e \in X \in \mathcal{F}_{3}} \psi(X) \leq 1$ for each arc
$e \in E(G)$. Letting $|\psi|=\sum_{X \in \mathcal{F}_{3}} \psi(X)$, the fractional triangle packing number, denoted $\nu_{3}^{*}(G)$, is defined to be the maximum of $|\psi|$ taken over all fractional triangle packings $\psi$. Since a triangle packing is also a fractional triangle packing (by letting $\psi=1$ for elements of $\mathcal{F}_{3}$ in the packing and $\psi=0$ for the other elements), we always have $\nu_{3}^{*}(G) \geq \nu_{3}(G)$. However, the two parameters may differ. In particular, they may differ for regular tournaments. Consider, for example, the 5vertex regular tournament obtained by the following orientation of $K_{5}$ on the vertex set $\{1,2,3,4,5\}$. Orient a Hamilton cycle $(1,2,3,4,5)$ and another Hamilton cycle as $(1,4,2,5,3)$. Clearly, $\nu_{3}(T)=2$. On the other hand, we may assign each of the five triangles $(1,2,3),(2,3,4),(3,4,5),(4,5,1),(5,1,2)$ the value $1 / 2$ thereby obtaining a fractional triangle packing of value 2.5 .

A fractional triangle cover of a digraph $G$ is a function $\phi$ from the set of $\operatorname{arcs} E(G)$ of $G$ to $R_{+}$, satisfying $\sum_{e \in X \in \mathcal{F}_{3}} \phi(e) \geq 1$ for each triangle $X \in \mathcal{F}_{3}$. Letting $|\phi|=\sum_{e \in E(G)} \phi(e)$, the fractional triangle cover number, denoted $\tau_{3}^{*}(G)$, is defined to be the minimum of $|\phi|$ taken over all fractional triangle covers $\phi$. By linear programming duality, $\tau_{3}^{*}(G)=\nu_{3}^{*}(G)$. For example, in the 5 -vertex regular tournament of the previous paragraph, we may assign the value $1 / 2$ to each arc on the cycle $(1,2,3,4,5)$ and obtain a valid fractional triangle cover of value 2.5 .

### 2.2 Upper bound for regular tournaments

In order to obtain a good upper bound, we must first construct a regular tournament which is "as transitive as possible" so that it will not be able to accommodate many pairwise arc disjoint triangles. Naturally, any regular tournament on $n$ vertices cannot have a transitive subset on more than $(n+1) / 2$ vertices, since in such a subset the outdegree of the source would already be more than $(n-1) / 2$. The following regular tournament, denoted $R_{n}$, does have a transitive subset on $(n+1) / 2$ vertices, in fact it has many such subsets. It even has many pairs of arc-disjoint such subsets (each pair sharing exactly one vertex). It is reasonable to suspect that a maximum triangle packing of $R_{n}$ yields the value of $\nu_{3}(n)$.

For $n$ odd, we define $R_{n}$ as follows. Its vertices are $\{0, \ldots, n-1\}$ (one can view them as elements of the cyclic group $Z_{n}$ ). Vertex $i$ has an outgoing arc towards vertex $j$ if and only if $1 \leq(j-i) \bmod n \leq(n-1) / 2$. Thus, if we think of the vertices as lying on a directed cycle of length $n$, each vertex sends outgoing arcs to the $(n-1) / 2$ vertices following it on the cycle. Observe that $R_{n}$ is a regular tournament and that for any vertex $i$, the set of vertices $\{i, i+1, \ldots, i+(n-1) / 2\}$ (indices modulo $n$ ) forms a transitive subset. We will prove that $\nu_{3}\left(R_{n}\right) \leq \frac{(n+o(n))^{2}}{9}$, which implies that $\nu_{3}(n) \leq \frac{(n+o(n))^{2}}{9}$. Since, by the previous subsection, $\tau_{3}^{*}\left(R_{n}\right)=\nu_{3}^{*}\left(R_{n}\right) \geq \nu_{3}\left(R_{n}\right)$, it suffices to prove the following.

## Lemma 2.1.

$$
\tau_{3}^{*}\left(R_{n}\right) \leq \frac{(n+o(n))^{2}}{9}
$$

Proof. We consider first case where $n \equiv 1 \bmod 6$. We will construct a particular covering which attains the bound stated in the theorem. Define the length of an arc of $R_{n}$ from $i$ to $j$ by length $(i, j)=j-i \bmod n$. We give for all the arcs of length $1, \ldots,\left\lfloor\frac{n}{6}\right\rfloor$ the weight 0 (i.e. $\phi(e)=0$ for length $\left.(e) \in\left\{1, \ldots,\left\lfloor\frac{n}{6}\right\rfloor\right\}.\right)$ For each remaining arc with length $\ell$ we give the weight $\frac{2}{n+1}\left(\ell-\left\lfloor\frac{n}{6}\right\rfloor\right)$.

Proposition 2.2. This assignment is fractional triangle cover.
Proof. Let $(h, i, j)$ be a triangle, without loss of generality $h=0$ so the triangle is $(0, i, j)$. First Case: $i \in\left\{1, \ldots,\left\lfloor\frac{n}{6}\right\rfloor\right\}$ then the weight of $\operatorname{arc}(i, j)$ is $\frac{2}{n+1}\left(j-i-\left\lfloor\frac{n}{6}\right\rfloor\right)$, and the weight of $\operatorname{arc}(j, 0)$ is $\frac{2}{n+1}\left(n-j-\left\lfloor\frac{n}{6}\right\rfloor\right)$. Total weights of the triangle $(0, i, j)$ is:

$$
\begin{gathered}
0+\frac{2}{n+1}\left(j-i-\left\lfloor\frac{n}{6}\right\rfloor\right)+\frac{2}{n+1}\left(n-j-\left\lfloor\frac{n}{6}\right\rfloor\right)= \\
\frac{2}{n+1}\left(n-i-2\left\lfloor\frac{n}{6}\right\rfloor\right) \geq \frac{2}{n+1}\left(n-3\left\lfloor\frac{n}{6}\right\rfloor\right)= \\
\frac{2}{n+1}\left(n-3 \frac{n-1}{6}\right)=\frac{2}{n+1}\left(n-\frac{n-1}{2}\right)=\frac{2}{n+1}\left(\frac{n+1}{2}\right)=1
\end{gathered}
$$

Second Case: $i \notin\left\{1, \ldots,\left\lfloor\frac{n}{6}\right\rfloor\right\}$ then the weight of $\operatorname{arc}(0, i)$ is $\frac{2}{n+1}\left(i-\left\lfloor\frac{n}{6}\right\rfloor\right)$ and we have three cases for the weight of $\operatorname{arc}(i, j)$ and $\operatorname{arc}(j, 0)$, the first one is $\frac{2}{n+1}\left(j-i-\left\lfloor\frac{n}{6}\right\rfloor\right)$ for $(i, j)$ and zero for $(j, 0)$, the second case is zero for $(i, j)$ and $(j, 0)$ is $\frac{2}{n+1}\left(n-j-\left\lfloor\frac{n}{6}\right\rfloor\right)$, and the last case is $\frac{2}{n+1}\left(j-i-\left\lfloor\frac{n}{6}\right\rfloor\right)$ for $(i, j)$ and $\frac{2}{n+1}\left(n-j-\left\lfloor\frac{n}{6}\right\rfloor\right)$ for $(j, 0)$.
Now we calculate the weight of the triangle in the three cases:
First Case:

$$
\begin{gathered}
\frac{2}{n+1}\left(i-\left\lfloor\frac{n}{6}\right\rfloor\right)+\frac{2}{n+1}\left(j-i-\left\lfloor\frac{n}{6}\right\rfloor\right)+0= \\
\frac{2}{n+1}\left(j-2\left\lfloor\frac{n}{6}\right\rfloor\right) \geq \frac{2}{n+1}\left(n-\frac{n-1}{6}-2 \frac{n-1}{6}\right)= \\
\frac{2}{n+1}\left(\frac{n+1}{2}\right)=1
\end{gathered}
$$

We used the fact that length $(j, 0) \leq\left\lfloor\frac{n}{6}\right\rfloor$ so $j \geq n-(n-1) / 6$

Second Case:

$$
\begin{gathered}
\frac{2}{n+1}\left(i-\left\lfloor\frac{n}{6}\right\rfloor\right)+0+\frac{2}{n+1}\left(n-j-\left\lfloor\frac{n}{6}\right\rfloor\right)= \\
\frac{2}{n+1}\left(n-j+i-2\left\lfloor\frac{n}{6}\right\rfloor\right) \geq \frac{2}{n+1}\left(n-\frac{n-1}{6}-2 \frac{n-1}{6}\right)= \\
\frac{2}{n+1}\left(\frac{n+1}{2}\right)=1
\end{gathered}
$$

Recall that in this case length $(i, j)=j-i \leq\left\lfloor\frac{n}{6}\right\rfloor$.
Third Case:

$$
\begin{gathered}
\frac{2}{n+1}\left(i-\left\lfloor\frac{n}{6}\right\rfloor\right)+\frac{2}{n+1}\left(j-i-\left\lfloor\frac{n}{6}\right\rfloor\right)+\frac{2}{n+1}\left(n-j-\left\lfloor\frac{n}{6}\right\rfloor\right)= \\
\frac{2}{n+1}\left(n-3\left\lfloor\frac{n}{6}\right\rfloor\right)=\frac{2}{n+1}\left(n-3 \frac{n-1}{6}\right)=1
\end{gathered}
$$

End of Proposition.

We calculate the value of this assignment. Observe that only lengths between $\lfloor n / 6\rfloor+1$ until $\lfloor n / 2\rfloor$ (which is the maximum length by the definition of $R_{n}$ ) receive nonzero weight which is the length minus $\lfloor n / 6\rfloor$, normalized by multiplying it with $2 /(n+1)$. Thus,

$$
\begin{align*}
|\phi|=\sum_{e \in E} \phi(e) & =n \frac{2}{n+1}\left(1+2+3+\ldots+\frac{n-1}{3}\right)  \tag{1}\\
& =\frac{2 n}{n+1}\left(\frac{\frac{n-1}{3}\left(1+\frac{n-1}{3}\right)}{2}\right) \\
& =\frac{n}{n+1}\left(\frac{(n-1)(n+2)}{9}\right) \\
& <\frac{n^{2}}{9}
\end{align*}
$$

Hence $\tau_{3}^{*}\left(R_{n}\right)<\frac{n^{2}}{9}$ for $n \equiv 1 \bmod 6$.
Now, if $n \neq 1 \bmod 6$ then either $n \equiv 3 \bmod 6$ or $n \equiv 5 \bmod 6$. Observe that $R_{n}$ is a subgraph of $R_{n+2}$ (just delete vertices 0 and ( $n+1$ )/2 from $R_{n+2}$ to obtain a subgraph isomorphic to $R_{n}$ ) we have $\tau_{3}^{*}\left(R_{n}\right) \leq \tau_{3}^{*}\left(R_{n+2}\right) \leq \tau_{3}^{*}\left(R_{n+4}\right)$. Thus, for the case $n \equiv 5 \bmod 6$, we have that $n+2 \equiv 1 \bmod 6$ hence $\tau_{3}^{*}\left(R_{n}\right) \leq \tau_{3}^{*}\left(R_{n+2}\right) \leq \frac{(n+2+o(n))^{2}}{9}=\frac{(n+o(n))^{2}}{9}$. For the case $n \equiv 3 \bmod 6$, we have that $n+4 \equiv 1 \bmod 6$ hence $\tau_{3}^{*}\left(R_{n}\right) \leq \tau_{3}^{*}\left(R_{n+4}\right) \leq \frac{(n+4+o(n))^{2}}{9}=\frac{(n+o(n))^{2}}{9}$. Which completes the proof of Lemma 2.1.

## 3 Tightness of the upper bound construction

In this section we prove that the assignment given in Lemma 2.1 is optimal for $R_{n}$. Namely, any attemt to improve the upper bound for $\nu_{3}(n)$ needs a different construction. In the following lemma we show that our constructed covering is asymptotically optimal for $R_{n}$.

## Lemma 3.1.

$$
\nu\left(R_{n}\right) \geq \frac{(n-o(n))^{2}}{9}
$$

Proof. We will prove the claim for $n=9 k$ ( $k$ odd). In this case we will show that we can pack exactly $\frac{n^{2}}{9}=9 k^{2}$ pairwise arc-disjoint triangles.

We define the packing as follows. It consists of $n=9 k$ sets of triangles, denoted $S_{0}, \ldots, S_{n-1}$. Each set will contain $k$ pairwise arc-disjoint triangles. Overall, the construction consists of $n k=$ $n^{2} / 9$ triangles. Furthermore, for any two sets $S_{i}, S_{j}$, their traingles are pairwise arc-disjoint.

We denote the vertices by $\{0,1, \ldots, n-1\}$. We describe $S_{j}$ for $j=0, \ldots, n-1$. $S_{j}$ is defined as follows. It consists of the triangles $\left(j, j+a_{i} \bmod n, j+a_{i}+b_{i} \bmod n\right)$ for $i=0, \ldots, k-1$ where $b_{i}=(n-1) / 2-3 k / 2+(i+2) / 2$ for $i$ odd. $b_{i}=(n-1) / 2-2 k+i / 2+1$ for $i$ even. $a_{i}=2 k+i / 2$ for $i$ even. $a_{i}=3 k / 2+i / 2$ for $i$ odd.

For example, if $k=9$ (thus $n=81$ ) we have that $S_{0}=\{(0,18,41),(0,14,42),(0,19,43),(0,15,44)$, $(0,20,45),(0,16,46),(0,21,47),(0,17,48),(0,22,49)\}$.

We need to prove that each of the listed triples in each of the $S_{j}$ is indeed a directed triangle of $R_{n}$, and that no arc repeats twice in any of the $S_{j}$.

Each triple is of the form $\left(j, j+a_{i} \bmod n, j+a_{i}+b_{i} \bmod n\right)$. The lengths of the arcs in this triangle are $a_{i}, b_{i}$ and $c_{i}=n-a_{i}-b_{i}$. Observe that $a_{i}$ is always between 1 and $(n-1) / 2$ by its definition. Indeed, if $i$ is even then

$$
\frac{2 n}{9}=2 k \leq a_{i} \leq 2 k+\frac{k-1}{2}=\frac{5 k-1}{2}=\frac{5 n}{18}-\frac{1}{2} \leq \frac{n-1}{2} .
$$

If $i$ is odd then

$$
\frac{n}{6}+\frac{1}{2}=\frac{3 k}{2}+\frac{1}{2} \leq a_{i} \leq \frac{3 k}{2}+\frac{k-2}{2}=\frac{4 k-2}{2}=\frac{2 n}{9}-1 \leq \frac{n-1}{2} .
$$

In any case, the first edge of each triangle whose lengthy is $a_{i}$, is indeed an arc of $R_{n}$.
Observe similarly that $b_{i}$ is always between 1 and $(n-1) / 2$ by its definition. Indeed, if $i$ is even then

$$
\frac{5 n}{18}+\frac{1}{2}=\frac{n-1}{2}-2 k+1 \leq b_{i} \leq \frac{n-1}{2}-2 k+1+\frac{k-1}{2}=\frac{n}{3} \leq \frac{n-1}{2} .
$$

If $i$ is odd then

$$
\frac{n}{3}+1=\frac{n-1}{2}-\frac{3 k}{2}+\frac{3}{2} \leq b_{i} \leq \frac{n-1}{2}-\frac{3 k}{2}+\frac{k}{2}=\frac{7 n}{18}-\frac{1}{2} \leq \frac{n-1}{2} .
$$

In any case, the second edge of each triangle whose lengthy is $b_{i}$, is indeed an arc of $R_{n}$.
Finally, $c_{i}$ is always between 1 and $(n-1) / 2$ since by the definitions of $a_{i}$ and $b_{i}$ we have $c_{i}=(n-1) / 2-i$.

We have proved that each triple in each $S_{j}$ is a directed triangle of $R_{n}$. Observe also that the interval of values of the $a_{i}$ is always between $n / 6+1 / 2$ and $5 n / 18-1 / 2$. The interval of values of the $b_{i}$ is always between $5 n / 18+1 / 2$ and $7 n / 18-1 / 2$. The interval of values of the $c_{i}$ is always between $7 n / 18+1 / 2$ and $(n-1) / 2$. As these three intervals are disjoint, this proves that no arc is repated twice in the construction.

This proves the lemma when $n=9 k$ and $k$ is odd. Now, for any other odd number $n$, let $k$ be the largest odd number such that $9 k \leq n$. Recalling that $R_{9 k}$ is a subgraph of $R_{n}$ we have that

$$
\nu\left(R_{n}\right) \geq \nu\left(R_{9 k}\right) \geq 9 k^{2}=\frac{(n-o(n))^{2}}{9} .
$$

## 4 Upper bound for $\beta$-regular tournaments

In this section we prove the upper bound for $\nu_{3}(\beta, n)$ given in Theorem 1.3. Consider the regular tournament graph $R_{(1+\beta) n}$ defined in subsection 2.2. We can assume $(1+\beta) n$ is an odd integer as rounding issues do not affect the asymptotic claim. Delete from $R_{(1+\beta) n}$ the vertices $\{0,1, \ldots, \beta n-$ $1\}$ and denote the resulting tournament by $T$. Notice that $T$ has $n$ vertices and since $R_{n}$ is regular, and we have removed only $\beta n$ vertices from it, we have that $T$ is a $\beta$-regular tournament.

We first consider the case where $\beta \leq 1 / 5$. Let $\phi$ be the fractional triangle cover defined on $R_{(1+\beta) n}$, proved in (1) to satisfy $|\phi| \leq\left(1+o_{n}(1)\right)(1+\beta)^{2} n^{2} / 9$. Let $\phi^{\prime}$ be the fractional triangle cover of $T$ induced by $\phi$. Namely, each arc of $T$ retains its weight under $\phi$. Now, $|\phi|-\left|\phi^{\prime}\right|$ is just the sum of the weights of the arcs incident with the removed vertices $\{0,1, \ldots, \beta n-1\}$. By (1), the sum of the weights of the arcs emanating from each vertex of $R_{(1+\beta) n}$ is $\left(1-o_{n}(1)\right)(1+\beta) n / 9$ and, by symmetry, the sum of the weights of the arcs entering each vertex of $R_{(1+\beta) n}$ is also $\left(1-o_{n}(1)\right)(1+\beta) n / 9$. Now, for all $\beta \leq 1 / 5$ we have that $\beta n \leq(1+\beta) n / 6$. Hence all the arcs $(i, j)$ where $i, j \in\{0,1, \ldots, \beta n-1\}$ have $\phi((i, j))=0$. Thus,

$$
|\phi|-\left|\phi^{\prime}\right| \geq(\beta n) \cdot 2\left(1-o_{n}(1)\right) \frac{1+\beta}{9} n .
$$

It follows that

$$
\begin{aligned}
\left|\phi^{\prime}\right| & \leq|\phi|-\left(1-o_{n}(1)\right) \frac{2 \beta(1+\beta)}{9} n^{2} \\
& \leq\left(1+o_{n}(1)\right) \frac{(1+\beta)^{2}}{9} n^{2}-\left(1-o_{n}(1)\right) \frac{2 \beta(1+\beta)}{9} n^{2} \\
& \leq\left(1+o_{n}(1)\right) \frac{1-\beta^{2}}{9} n^{2}
\end{aligned}
$$

Since $\nu_{3}(\beta, n) \leq \nu_{3}(T) \leq \nu_{3}^{*}(T)=\tau_{3}^{*}(T) \leq\left|\phi^{\prime}\right|$ we have that $\nu_{3}(\beta, n) \leq\left(1+o_{n}(1)\right)\left(1-\beta^{2}\right) n^{2} / 9$ for $\beta \leq 1 / 5$.

The following triangle cover, denoted $\phi^{\prime \prime}$ is valid for all $\beta<1$. Assign the weight 1 to all the $\operatorname{arcs}$ of $T$ of the form $(i, j)$ where $i>j$. All other arcs receive the weight 0 . Notice that each directed triangle must contain an arc having weight 1 and hence $\phi^{\prime \prime}$ is a valid triangle cover (in fact, an integral cover). We count the number of arcs receiving weight 1 . Vertex $(1+\beta) n-1$ (the vertex with largest index) has an outgoing arc in $R_{(1+\beta) n}$ to all vertices $j$ with $j<(1+\beta) n / 2$. Hence, it has at most $(1+\beta) n / 2-\beta n-1=n / 2-\beta n / 2-1 \operatorname{arcs}$ emanating from it in $T$ having weight 1. Similarly, for all $k=1, \ldots, n / 2-\beta n / 2$, vertex $(1+\beta) n-k$ has at most $n / 2-\beta n / 2-k$ arcs emanating from it in $T$ having weight 1 . Hence,

$$
\left|\phi^{\prime \prime}\right| \leq \sum_{k=1}^{n / 2-\beta n / 2}(n / 2-\beta n / 2-k) \leq\left(1+o_{n}(1)\right) \frac{(1-\beta)^{2}}{8} n^{2}
$$

Since $\nu_{3}(\beta, n) \leq \nu_{3}(T) \leq \nu_{3}^{*}(T)=\tau_{3}^{*}(T) \leq\left|\phi^{\prime \prime}\right|$ we have that $\nu_{3}(\beta, n) \leq\left(1+o_{n}(1)\right)(1-\beta)^{2} n^{2} / 8$ for $\beta \leq 1$. Observe that for all $\beta \leq 1 / 17 \leq 1 / 5$ the bound obtained via $\phi^{\prime}$ is better than the bound obtained via $\phi^{\prime \prime}$ hence we may summarize that

$$
\nu_{3}(\beta, n) \leq \min \left\{\frac{1-\beta^{2}}{9}, \frac{(1-\beta)^{2}}{8}\right\} n^{2}\left(1+o_{n}(1)\right)
$$

## 5 A lower bound for regular tournaments

### 5.1 Integer versus fractional packings

A result of Nutov and Yuster [6] asserts that the integral and fractional parameters differ by $o\left(n^{2}\right)$. The following is a very spacial case of their result.

Theorem 5.1. If $T$ is an n-vertex tournament, then $\nu_{3}^{*}(T)-\nu_{3}(T)=o\left(n^{2}\right)$.
An undirected version of Theorem 5.1 has been proved by Haxell and Rödl [3] who were the first to prove this interesting relationship between integral and fractional packings. The proof of

Theorem 5.1 makes use of the directed version of Szemerédi's regularity lemma [7] that has been used implicitly in [2] and proved in [1].

Let $\nu_{3}^{*}(n)$ be the minimum of $\nu_{3}^{*}(T)$ ranging over all $n$-vertex regular tournaments $T$. Similarly, let $\nu_{3}^{*}(\beta, n)$ be the minimum of $\nu_{3}^{*}(T)$ ranging over all $n$-vertex $\beta$-regular tournaments $T$. By Theorem 5.1 and the fact that fractional packings are at least as large as integral packings we have:

Corollary 5.2. $\nu_{3}^{*}(n) \geq \nu_{3}(n) \geq \nu_{3}^{*}(n)-o\left(n^{2}\right)$. Similarly, $\nu_{3}^{*}(\beta, n) \geq \nu_{3}(\beta, n) \geq \nu_{3}^{*}(\beta, n)-o\left(n^{2}\right)$.

### 5.2 Proof of the lower bound in Theorem 1.2

In this section we prove the following theorem that, together with Corollary 5.2, yields the lower bound in Theorem 1.2.

Theorem 5.3. A regular tournament $T$ with $n$ vertices has $\nu_{3}^{*}(T) \geq\left(1-o_{n}(1)\right)\left(\frac{1}{3}-\frac{7}{3} \ln \left(\frac{10}{9}\right)\right) n^{2}$.
As in [8], we call an arc $\alpha$-dense if it is contained in at least $\alpha n$ triangles. Observe that no arc is $1 / 2$-dense as any arc of a regular tournament appears in at most $(n-1) / 2$ triangles. We require the following lemma that bounds the number of triangles that contain $\alpha$-dense arcs where $\alpha$ is relatively large. It is an improvement over Lemma 3.3 in [8].

Lemma 5.4. For all $\alpha \geq 1 / 4$, the number of triangles that contain $\alpha$-dense arcs is at most $(1-2 \alpha)\left(\frac{5}{3} \alpha-\frac{1}{3}\right) n^{3}$.

Proof. As shown in [8], the total number of $\alpha$-dense arcs entering each vertex is at most $n(1-2 \alpha)$. We repeat the details of this observation for completeness. For a vertex $v$, we compute the number of $\alpha$-dense arcs entering it. Let $B_{v} \subset N^{-}(v)$ be the set of vertices $x$ such that $(x, v)$ is $\alpha$-dense. Consider a vertex $x$ of maximum indegree in the sub-tournament $T\left[B_{v}\right]$ induced by $B_{v}$. Since in any tournament with $\left|B_{v}\right|$ vertices the maximum indegree is at least $\left(\left|B_{v}\right|-1\right) / 2$ we have that $x$ has at least $\left(\left|B_{v}\right|-1\right) / 2$ arcs entering it in $T\left[B_{v}\right]$. On the other hand, as $(x, v)$ is $\alpha$-dense, we also have that $x$ has at least $\alpha n$ vertices of $N^{+}(v)$ entering it. Since $N^{+}(v) \cap B_{v}=\emptyset$ we have that the indegree of $x$ in $T$ is at least $\left(\left|B_{v}\right|-1\right) / 2+\alpha n$. But the indegree of $x$ in $T$ is $(n-1) / 2$ and thus

$$
\left(\left|B_{v}\right|-1\right) / 2+\alpha n \leq(n-1) / 2 .
$$

It follows that $\left|B_{v}\right| \leq n(1-2 \alpha)$. Similarly, if $C_{v} \subset N^{+}(v)$ is the set of vertices $x$ such that $(v, x)$ is $\alpha$-dense, we have that $\left|C_{v}\right| \leq n(1-2 \alpha)$.

But we are not interested in counting the number of $\alpha$-dense arcs incident with a vertex, rather we wish to count the number of triangles containing $\alpha$-dense arcs. To this end, we need to define certain parameters.

1. Let $r(v)$ denote the number of triangles of the form $(v, x, y)$ such that $(y, v)$ is $\alpha$-dense and $(v, x)$ is not $\alpha$-dense.
2. Let $s(v)$ denote the number of triangles of the form $(v, x, y)$ such that $(y, v)$ is not $\alpha$-dense and $(v, x)$ is $\alpha$-dense.
3. Let $t(v)$ denote the number of triangles of the form $(v, x, y)$ such that $(y, v)$ is $\alpha$-dense and $(v, x)$ is $\alpha$-dense.
4. Let $b(v)=r(v)+t(v)$ denote the number of triangles of the form $(v, x, y)$ such that $(y, v)$ is $\alpha$-dense.
5. Let $c(v)=s(v)+t(v)$ denote the number of triangles of the form $(v, x, y)$ such that $(v, x)$ is $\alpha$-dense.
6. Let $q(v)=\frac{1}{2} r(v)+\frac{1}{2} s(v)+\frac{1}{3} t(v)$.

We claim that $\sum_{v \in V} q(v)$ is an upper bound for the total number of triangles containing an $\alpha$ dense arc. Indeed, consider some triangle $(x, y, z)$ containing an $\alpha$-dense arc. If it contains a single $\alpha$-dense arc, say $(x, y)$, then this triangle is counted $1 / 2$ for $s(x)$ and $1 / 2$ for $r(y)$. If it contains three $\alpha$-dense arcs, then it is counted $1 / 3$ for each of $t(x), t(y), t(z)$. If it contains precisely two $\alpha$-dense arcs, say $(x, y)$ and $(y, z)$, then it is counted $1 / 2$ for $s(x), 1 / 2$ for $r(z)$ and $1 / 3$ for $t(y)$, so it contributes more than 1 . In any case, each triangle containing an $\alpha$-dense arc contributes at least 1 to the sum $\sum_{v \in V} q(v)$.

It remains to upper bound $\sum_{v \in V} q(v)$. We will upper bound each $q(v)$ separately, and multiply the bound by $n$. Notice that by the definitions of $b(v)$ and $c(v)$,

$$
\begin{equation*}
q(v)=\frac{1}{2} b(v)+\frac{1}{2} c(v)-\frac{2}{3} t(v) . \tag{2}
\end{equation*}
$$

Let $\beta n=\left|B_{v}\right|$ and $\gamma n=\left|C_{v}\right|$ and recall that $\beta \leq 1-2 \alpha$ and $\gamma \leq 1-2 \alpha$. We start by giving upper bounds for $b(v)$ and $c(v)$ in terms of $\beta$ and $\gamma$ respectively. For any $x \in B_{v}$, let $f(x)$ denote the number of triangles containing the $\alpha$-dense arc $(x, v)$. By the definition of $B_{v}$ we have that $f(x) \geq \alpha n$. Let $d(x)$ denote the indegree of $x$ in $T\left[B_{v}\right]$. As in the argument at the beginning of the proof, we have that $d(x)+f(x) \leq(n-1) / 2$. Now, by the definition of $b(v)$ we have that $b(v)=\sum_{x \in B_{v}} f(x)$ and therefore

$$
b(v)=\sum_{x \in B_{v}} f(x) \leq \sum_{x \in B_{v}}\left(\frac{n-1}{2}-d(x)\right) .
$$

On the other hand, $\sum_{x \in B_{v}} d(x)=\left|B_{v}\right|\left(\left|B_{v}\right|-1\right) / 2$. Hence,

$$
\begin{equation*}
b(v) \leq\left|B_{v}\right| \frac{n-1}{2}-\frac{\left|B_{v}\right|\left(\left|B_{v}\right|-1\right)}{2}=\frac{\beta(1-\beta)}{2} n^{2} . \tag{3}
\end{equation*}
$$

Analogously, we have that

$$
\begin{equation*}
c(v) \leq\left|C_{v}\right| \frac{n-1}{2}-\frac{\left|C_{v}\right|\left(\left|C_{v}\right|-1\right)}{2}=\frac{\gamma(1-\gamma)}{2} n^{2} \tag{4}
\end{equation*}
$$

We next give a lower bound for $t(v)$. Consider any $\operatorname{arc}(x, y)$ that goes from $C_{v}$ to $B_{v}$. This means that $(v, x, y)$ is a triangle where both $(y, v)$ and $(v, x)$ are $\alpha$-dense. Hence, this triangle contributes to $t(v)$. Thus, the number of arcs going from $C_{v}$ to $B_{v}$ is equal to $t(v)$. There are at least $\left|B_{v}\right| \times \alpha n$ arcs going from $N^{+}(v)$ to $B_{v}$. At most $\left(\left|N^{+}(v)\right|-\left|C_{v}\right|\right)\left|B_{v}\right|$ of them go from $N^{+}(v) \backslash C_{v}$ to $B_{v}$. Hence,

$$
t(v) \geq\left|B_{v}\right| \alpha n-\left(\left|N^{+}(v)\right|-\left|C_{v}\right|\right)\left|B_{v}\right|=\alpha \beta n^{2}-\left(\frac{n-1}{2}-\gamma n\right) \beta n \geq \beta\left(\alpha-\frac{1}{2}+\gamma\right) n^{2}
$$

We can similarly estimate $t(v)$ by the fact that there are at least $\left|C_{v}\right| \times \alpha n \operatorname{arcs}$ going from $C_{v}$ to $N^{-}(v)$. At most $\left(\left|N^{-}(v)\right|-\left|B_{v}\right|\right)\left|C_{v}\right|$ of them go from $C_{v}$ to $N^{-}(v) \backslash B_{v}$. Hence,

$$
t(v) \geq\left|C_{v}\right| \alpha n-\left(\left|N^{-}(v)\right|-\left|B_{v}\right|\right)\left|C_{v}\right|=\alpha \gamma n^{2}-\left(\frac{n-1}{2}-\beta n\right) \gamma n \geq \gamma\left(\alpha-\frac{1}{2}+\beta\right) n^{2}
$$

Using the last two inequalities we obtain that

$$
\begin{equation*}
t(v) \geq\left(\beta \gamma-\frac{\left(\frac{1}{2}-\alpha\right)(\beta+\gamma)}{2}\right) n^{2} \tag{5}
\end{equation*}
$$

By (2), (3), (4), (5) we get that

$$
\begin{equation*}
q(v) \leq\left(\left(\frac{5}{12}-\frac{\alpha}{3}\right)(\beta+\gamma)-\frac{(\beta+\gamma)^{2}}{4}-\frac{\beta \gamma}{6}\right) n^{2} \tag{6}
\end{equation*}
$$

Hence, our remaining task is to maximize the expression $\left(\frac{5}{12}-\frac{\alpha}{3}\right)(\beta+\gamma)-\frac{(\beta+\gamma)^{2}}{4}-\frac{\beta \gamma}{6}$ subject to the constraints $0 \leq \beta \leq 1-2 \alpha$ and $0 \leq \gamma \leq 1-2 \alpha$ (and recall that $\alpha \leq 1 / 2$ ). Simple analysis of the partial derivatives show that for all $\alpha \geq 3 / 8$, the maximum is obtained when $\beta=\gamma=1-2 \alpha$. When $1 / 4 \leq \alpha \leq 3 / 8$ the bound in the statement of the lemma trivially holds as $(1-2 \alpha)\left(\frac{5}{3} \alpha-\frac{1}{3}\right) \geq 1 / 24$ in this range (and recall that a regular tournament has less than $n^{3} / 24$ triangles). Thus, in any case, plugging in $\beta=\gamma=1-2 \alpha$ in (6) and rearranging the terms we obtain that

$$
q(v) \leq(1-2 \alpha)\left(\frac{5}{3} \alpha-\frac{1}{3}\right) n^{2} .
$$

Consequently, for all $\alpha \geq 1 / 4$, the number of triangles that contain $\alpha$-dense arcs is at most

$$
\sum_{v \in V} q(v) \leq(1-2 \alpha)\left(\frac{5}{3} \alpha-\frac{1}{3}\right) n^{3}
$$

For an arc $e$ let $f(e)$ denote the number of triangles that contain $e$. We define a fractional triangle packing $\psi$ as in [8] by assigning to a triangle $X$ the value

$$
\begin{equation*}
\psi(X)=\frac{1}{\max _{e \in X} f(e)} \tag{7}
\end{equation*}
$$

In other words, we consider the three arcs of $X$ and take the arc $e$ with $f(e)$ maximal, setting $\psi(X)$ to $1 / f(e)$. Notice that $\psi$ is a valid fractional triangle packing. Indeed, the sum of the weights of triangles containing any arc $e$ is at most $f(e) \cdot f(e)^{-1}=1$.

Proof of Theorem 5.3: Let $k$ be a positive integer, and let $1>x>3 / 4$ be a parameter to be chosen later. Define $c=x^{1 /(k+1)}$ and let $\alpha_{i}=\frac{1}{2} c^{i+1}$ for $i=0, \ldots, k$. Observe that $\alpha_{k}=x / 2$ so $1 / 2>\alpha_{i} \geq \alpha_{k}>3 / 8$. Define as in [8]

$$
E_{i}=\left\{e \in E(T): f(e) \geq \alpha_{i} n\right\}
$$

So, $E_{i}$ is the set of all $\alpha_{i}$-dense arcs and notice that $E_{0} \subset E_{1} \subset \cdots \subset E_{k}$. For $i=0, \ldots, k$, let $S_{i}$ denote the set of all triangles that contain an arc from $E_{i}$ and do not contain an arc from $E_{j}$ where $j<i$. In particular, $S_{0}$ is just the set of triangles that contain an arc from $E_{0}$. Finally, let $S_{k+1}$ be the triangles that are not in $\cup_{i=0}^{k} S_{i}$ and observe that $S_{0}, \ldots, S_{k+1}$ is a partition of the set of all $n\left(n^{2}-1\right) / 24$ triangles of $T$.

For $i=0, \ldots, k$, all the elements of $S_{0} \cup \cdots \cup S_{i}$ contain arcs that are $\alpha_{i}$-dense and therefore by Lemma 5.4 we have that for $i=0, \ldots, k$ :

$$
\begin{equation*}
t_{i}=\left|\cup_{j=0}^{i} S_{j}\right| \leq\left(1-2 \alpha_{i}\right)\left(\frac{5}{3} \alpha_{i}-\frac{1}{3}\right) n^{3} \tag{8}
\end{equation*}
$$

By the definition of $t_{i}$ we have that for $i=1, \ldots, k,\left|S_{i}\right|=t_{i}-t_{i-1}$ and that $\left|S_{0}\right|=t_{0}$. Thus, we also have that

$$
\begin{equation*}
\left|S_{k+1}\right|=\frac{n\left(n^{2}-1\right)}{24}-t_{k} \tag{9}
\end{equation*}
$$

For $i=1, \ldots, k+1$, all the elements of $S_{i}$ receive weight that is greater than $1 /\left(\alpha_{i-1} n\right)$. Indeed, consider $X \in S_{i}$. We know that it does not contain an arc from $E_{j}$ for $j<i$. So the maximum value of $f(e)$ for an arc $e$ of $X$ is smaller than $\alpha_{i-1} n$. By the definition of $\psi$ we therefore have that $\psi(X)>1 /\left(\alpha_{i-1} n\right)$. For elements $X \in S_{0}$ we use the trivial bound $\psi(X)>2 / n$. Summing up the weights of all the triangles of $T$ we find that:

$$
|\psi| \geq t_{0} \cdot \frac{2}{n}+\sum_{i=1}^{k}\left(t_{i}-t_{i-1}\right) \frac{1}{\alpha_{i-1} n}+\left(\frac{n\left(n^{2}-1\right)}{24}-t_{k}\right) \frac{1}{\alpha_{k} n}
$$

Rearranging the terms we have:

$$
\begin{equation*}
|\psi| \geq \frac{n^{2}-1}{24 \alpha_{k}}-\frac{t_{0}}{n}\left(\frac{1}{\alpha_{0}}-2\right)-\sum_{i=1}^{k} \frac{t_{i}}{n}\left(\frac{1}{\alpha_{i}}-\frac{1}{\alpha_{i-1}}\right) \tag{10}
\end{equation*}
$$

Using (8) we have that:

$$
|\psi| \geq \frac{n^{2}-1}{24 \alpha_{k}}-n^{2}\left(1-2 \alpha_{0}\right)\left(\frac{5}{3} \alpha_{0}-\frac{1}{3}\right)\left(\frac{1}{\alpha_{0}}-2\right)-\sum_{i=1}^{k} n^{2}\left(1-2 \alpha_{i}\right)\left(\frac{5}{3} \alpha_{i}-\frac{1}{3}\right)\left(\frac{1}{\alpha_{i}}-\frac{1}{\alpha_{i-1}}\right) .
$$

Thus, we must choose $k$ and $x$ so as to maximize

$$
\frac{1}{24 \alpha_{k}}-\left(1-2 \alpha_{0}\right)\left(\frac{5}{3} \alpha_{0}-\frac{1}{3}\right)\left(\frac{1}{\alpha_{0}}-2\right)-\sum_{i=1}^{k}\left(1-2 \alpha_{i}\right)\left(\frac{5}{3} \alpha_{i}-\frac{1}{3}\right)\left(\frac{1}{\alpha_{i}}-\frac{1}{\alpha_{i-1}}\right) .
$$

Recalling that $a_{i} / a_{i-1}=c$ the last expression is identical to

$$
\frac{1}{24 \alpha_{k}}+\frac{1}{3 \alpha_{0}}-3+8 \alpha_{0}-\frac{20}{3} \alpha_{0}^{2}+\frac{1}{3 \alpha_{k}}-\frac{1}{3 \alpha_{0}}-\frac{7}{3} k+\frac{7}{3} c k+\left(\frac{10}{3} \sum_{i=1}^{k} \alpha_{i}\right)-\left(\frac{10}{3} c \sum_{i=1}^{k} \alpha_{i}\right) .
$$

Since $\sum_{i=1} k \alpha_{i}=0.5 c^{2}\left(c^{k}-1\right) /(c-1)$ the last expression is identical to

$$
\frac{3}{4 c^{k+1}}-3+4 c-\frac{5}{3} c^{2}+\frac{7}{3} k(c-1)-\frac{5}{3} c^{2}\left(c^{k}-1\right) .
$$

Finally, recalling that $c=x^{1 /(k+1)}$, the last expression is identical to

$$
\frac{3}{4 x}-3+4 x^{1 /(k+1)}-\frac{5}{3} x^{2 /(k+1)}+\frac{7}{3} k\left(x^{1 /(k+1)}-1\right)-\frac{5}{3} x^{2 /(k+1)}\left(x^{k /(k+1)}-1\right) .
$$

Taking the limit of the last expression as $k \rightarrow \infty$ we obtain

$$
\frac{3}{4 x}+1+\frac{7}{3} \ln x-\frac{5}{3} x
$$

The maximum of the last expression for $1>x>3 / 4$ is obtained at $x=9 / 10$ in which case the expression amounts to

$$
\frac{1}{3}-\frac{7}{3} \ln \left(\frac{10}{9}\right) .
$$

This proves that

$$
|\psi| \geq\left(\frac{1}{3}-\frac{7}{3} \ln \left(\frac{10}{9}\right)\right) n^{2}\left(1-o_{n}(1)\right) .
$$

## 6 Lower bound for $\beta$-regular tournaments

In order to generalize the lower bound for $\beta$-regular tournaments we need to address three issues. The first is that the number of triangles in $\beta$-regular tournaments may not be the same for all such tournaments, (unlike regular tournaments which all have precisely $n\left(n^{2}-1\right) / 24$ triangles), and we must therefore determine a tight lower bound in terms of $\beta$. The second issue requires an analogue of Lemma 5.4 suitable for $\beta$-regular tournaments. The third issue concerns the analysis of the fractional packing, generalizing the one given in the proof of Theorem 5.3. We start with a lower bound for the number of triangles in $\beta$-regular tournaments.

Lemma 6.1. The number of $C_{3}$ in a $\beta$-regular tournament with $n$ vertices is at least $\frac{1-3 \beta^{2}}{24} n^{3}(1-$ $o_{n}(1)$ ) for $\beta \leq 1 / 2$ and at least $\frac{(1-\beta)^{3}}{12} n^{3}\left(1-o_{n}(1)\right)$ for $\beta>1 / 2$. This is asymptotically tight for all $0 \leq \beta \leq 1$.

Proof. The number of transitive triples (and hence the number of triangles) in any tournaments is determined by the outdegrees of the vertices. Let $d_{i}$ denote the outdegree of vertex $i$ in a tournament with vertices $1, \ldots, n$. The number of transitive triples is clearly

$$
\sum_{i=1}^{n}\binom{d_{i}}{2} .
$$

and we wish to maximize this amount. In $\beta$-regular tournaments we have the additional restriction that $n(1-\beta) / 2 \leq d_{i} \leq n(1+\beta) / 2$. Now, suppose the degrees are sorted so that $d_{i} \leq d_{i+1}$ for $i=1, \ldots, n-1$. In order for the tournament to be realized we have the further restriction that $d_{1}+\ldots+d_{i} \geq\binom{ i}{2}$ since already the first $i$ vertices induce a tournament whose outdegree sum is $\binom{i}{2}$. Similarly, $\left(n-1-d_{n-i+1}\right)+\ldots+\left(n-1-d_{n}\right) \geq\binom{ i}{2}$ since already the last $i$ vertices induce a tournament whose indegree sum is $\binom{i}{2}$.

As the statement of the lemma is asymptotic, it is more convenient to formulate the analogous continuous convex optimization problem.

$$
\begin{aligned}
\text { maximize } & \int_{0}^{1} \frac{f(x)^{2}}{2} d x \\
\text { s.t. } \quad & f(x) \text { is monotone nondecreasing } \\
& \frac{1-\beta}{2} \leq f(x) \leq \frac{1+\beta}{2} \\
& \int_{0}^{\alpha} f(x) d x \geq \frac{\alpha^{2}}{2} \\
& \int_{\alpha}^{1}(1-f(x)) d x \geq \frac{(1-\alpha)^{2}}{2}
\end{aligned}
$$

When $\beta \leq 1 / 2$ the obvious solution, by convexity, is obtained by setting $f(x)=(1-\beta) / 2$ for $0 \leq x \leq 1 / 2$ and $f(x)=(1+\beta) / 2$ for $1 / 2 \leq x \leq 1$. Observe that since $\beta \leq 1 / 2$, the last two restrictions of the convex minimization problem trivially hold. In this case we obtain that

$$
\int_{0}^{1} \frac{f(x)^{2}}{2} d x=\frac{1+\beta^{2}}{8}
$$

and correspondingly,

$$
\sum_{i=1}^{n}\binom{d_{i}}{2} \leq \frac{1+\beta^{2}}{8} n^{3}\left(1+o_{n}(1)\right)
$$

The number of triangles is therefore always at least

$$
\left(\frac{1}{6}-\frac{1+\beta^{2}}{8}\right) n^{3}\left(1-o_{n}(1)\right)=\left(\frac{1-3 \beta^{2}}{24}\right) n^{3}\left(1-o_{n}(1)\right) .
$$

When $\beta>1 / 2$, the last two restrictions of the convex minimization problem force $f(x)$ to linearly increase in the range $1-\beta \leq x \leq \beta$ and we obtain the optimal solution

$$
f(x)= \begin{cases}\frac{1-\beta}{2} & 0 \leq x \leq 1-\beta \\ x & 1-\beta<x<\beta \\ \frac{1+\beta}{2} & \beta \leq x \leq 1\end{cases}
$$

In this case we obtain that

$$
\int_{0}^{1} \frac{f(x)^{2}}{2} d x=\frac{(1-\beta)^{2}}{8}(1-\beta)+\frac{(1+\beta)^{2}}{8}(1-\beta)+\frac{\beta^{3}}{6}-\frac{(1-\beta)^{3}}{6}=\frac{1}{12}+\frac{1}{4} \beta-\frac{1}{4} \beta^{2}+\frac{1}{12} \beta^{3}
$$

and correspondingly,

$$
\sum_{i=1}^{n}\binom{d_{i}}{2} \leq\left(\frac{1}{12}+\frac{1}{4} \beta-\frac{1}{4} \beta^{2}+\frac{1}{12} \beta^{3}\right) n^{3}\left(1+o_{n}(1)\right)
$$

The number of triangles is therefore always at least

$$
\left(\frac{1}{12}-\frac{1}{4} \beta+\frac{1}{4} \beta^{2}-\frac{1}{12} \beta^{3}\right) n^{3}\left(1-o_{n}(1)\right)=\frac{(1-\beta)^{3}}{12} n^{3}\left(1-o_{n}(1)\right) .
$$

The result is asymptotically tight for every $\beta$ as the extremal degree sequences are realizable as $\beta$-regular tournaments. For $\beta \leq 1 / 2$ we can take two disjoint regular tournaments $A$ and $B$ on $n / 2$ vertices each. We can then take $(1 / 4-\beta / 2) n$ disjoint perfect matchings between $A$ and $B$ and direct all edges of these matchings from $A$ to $B$. The remaining edges between $A$ and $B$ are directed from $B$ to $A$. In the resulting tournament, each vertex of $A$ has outdegree $n(1-\beta) / 2-1 / 2$ and each vertex of $B$ has outdegree $n(1+\beta) / 2-1 / 2$, hence a $\beta$-regular tournament realizing the extremal degree sequence. For $\beta>1 / 2$ we can take two disjoint regular tournaments $A$ and $B$ on $\beta n$ vertices each, and an additional set of vertices denoted as $x_{1}, \ldots, x_{n(1-2 \beta)}$. Now, for $i=1, \ldots, n(1-2 \beta)$, direct arcs from $x_{i}$ to all vertices of $A$ and to all vertices $x_{j}$ with $j<i$. Direct arcs to $x_{i}$ from all vertices of $B$ and from all vertices $x_{j}$ with $j>i$. Also direct all arcs from $B$ to $A$. The resulting tournament has $n$ vertices, is $\beta$-regular, and its degree sequence realizes the extremal case.

We next need to obtain an analogue of Lemma 5.4 that applies to $\beta$-regular tournaments. Although it is possible to generalize Lemma 5.4 directly, the (already involved) analysis become less tractable. We settle for a somewhat simpler version with only a small loss in the upper bound.

Lemma 6.2. Let $T$ be a $\beta$-regular tournament with $n$ vertices. For all $0<\alpha<(1+\beta) / 2$, the number of triangles of $T$ that contain $\alpha$-dense arcs is at most $\frac{n^{3}(1+\beta-2 \alpha)}{2}$.

Proof. For a vertex $v$, we compute the number of $\alpha$-dense arcs entering it. Let $B_{v} \subset N^{-}(v)$ be the set of vertices $x$ such that $(x, v)$ is $\alpha$-dense. Consider a vertex $x$ of maximum indegree in the
sub-tournament $T\left[B_{v}\right]$ induced by $B_{v}$. Since in any tournament with $\left|B_{v}\right|$ vertices the maximum in-degree is at least $\left(\left|B_{v}\right|-1\right) / 2$ we have that $x$ has at least $\left(\left|B_{v}\right|-1\right) / 2$ arcs entering it in $T\left[B_{v}\right]$. On the other hand, as $(x, v)$ is $\alpha$-dense, we also have that $x$ has at least $\alpha n$ vertices of $N^{+}(v)$ entering it. Since $N^{+}(v) \cap B_{v}=\emptyset$ we have that the indegree of $x$ in $T$ is at least $\left(\left|B_{v}\right|-1\right) / 2+\alpha n$. But the in-degree of $x$ in $T$ is at most $(n(1+\beta)-1) / 2$ and thus

$$
\left(\left|B_{v}\right|-1\right) / 2+\alpha n \leq(n(1+\beta)-1) / 2 .
$$

It follows that $\left|B_{v}\right| \leq n(1+\beta-2 \alpha)$. Similarly, if $C_{v} \subset N^{+}(v)$ is the set of vertices $y$ such that $(v, y)$ is $\alpha$-dense, we have that $\left|C_{v}\right| \leq n(1+\beta-2 \alpha)$. Now, each $x \in B_{v}$ lies in at most $\left|N^{+}(v)\right|$ triangles and each $y \in C_{v}$ lies in at most $\left|N^{-}(v)\right|$ triangles. We therefore have that the number of triangles containing $v$ and an $\alpha$-dense arc incident with $v$ (either entering $v$ or emanating from $v$ ) is at most $n(1+\beta-2 \alpha)\left(\left|N^{+}(v)\right|+\left|N^{-}(v)\right|\right)<n^{2}(1+\beta-2 \alpha)$. Summing this value for each $v \in V$ and observing that each triangle that contains an $\alpha$-dense arc is counted at least twice, we obtain that the number of triangles containing $\alpha$-dense arcs is at most $n^{3}(1+\beta-2 \alpha) / 2$.

Finally, we need to generalize the analysis given in the proof of Theorem 5.3. We use the exact same fractional packing $\psi$ defined in (7). As in the proof of Theorem 5.3 we let $k$ be a positive integer, let $x<1$ be a parameter to be chosen later, define $c=x^{1 /(k+1)}$ and define $\alpha_{i}=(1+\beta) c^{i+1} / 2$ for $i=0, \ldots, k$. By Lemma 6.2, the upper bound for $t_{i}$ given in (8) is replaced with:

$$
\begin{equation*}
t_{i}=\left|\cup_{j=0}^{i} S_{j}\right| \leq \frac{(1+\beta-2 \alpha)}{2} n^{3} . \tag{11}
\end{equation*}
$$

Similarly, using Lemma 6.1, the lower bound for $S_{k+1}$ given in (9) is replaced with:

$$
\left|S_{k+1}\right| \geq \frac{1-3 \beta^{2}}{24} n^{3}\left(1-o_{n}(1)\right)-t_{k} \text { if } \beta \leq \frac{1}{2} \quad, \quad\left|S_{k+1}\right| \geq \frac{(1-\beta)^{3}}{12} n^{3}\left(1-o_{n}(1)\right)-t_{k} \text { if } \beta>\frac{1}{2} .
$$

As in (10) we have, after rearranging the terms:

$$
\begin{aligned}
& |\psi| \geq \frac{1-3 \beta^{2}}{24 \alpha_{k}} n^{2}\left(1-o_{n}(1)\right)-\frac{t_{0}}{n}\left(\frac{1}{\alpha_{0}}-\frac{2}{1+\beta}\right)-\sum_{i=1}^{k} \frac{t_{i}}{n}\left(\frac{1}{\alpha_{i}}-\frac{1}{\alpha_{i-1}}\right) \quad \text { if } \beta \leq \frac{1}{2}, \\
& |\psi| \geq \frac{(1-\beta)^{3}}{12 \alpha_{k}} n^{2}\left(1-o_{n}(1)\right)-\frac{t_{0}}{n}\left(\frac{1}{\alpha_{0}}-\frac{2}{1+\beta}\right)-\sum_{i=1}^{k} \frac{t_{i}}{n}\left(\frac{1}{\alpha_{i}}-\frac{1}{\alpha_{i-1}}\right) \quad \text { if } \beta>\frac{1}{2} .
\end{aligned}
$$

Using (11) we have that:

$$
\begin{array}{cc}
|\psi| \geq \frac{1-3 \beta^{2}}{24 \alpha_{k}} n^{2}\left(1-o_{n}(1)\right)-n^{2} \frac{\left(1+\beta-2 \alpha_{0}\right)}{2}\left(\frac{1}{\alpha_{0}}-\frac{2}{1+\beta}\right) & \\
-\sum_{i=1}^{k} n^{2} \frac{\left(1+\beta-2 \alpha_{i}\right)}{2}\left(\frac{1}{\alpha_{i}}-\frac{1}{\alpha_{i-1}}\right) & \text { if } \beta \leq \frac{1}{2}, \\
|\psi| \geq \frac{(1-\beta)^{3}}{12 \alpha_{k}} n^{2}\left(1-o_{n}(1)\right)-n^{2} \frac{\left(1+\beta-2 \alpha_{0}\right)}{2}\left(\frac{1}{\alpha_{0}}-\frac{2}{1+\beta}\right) & \\
-\sum_{i=1}^{k} n^{2} \frac{\left(1+\beta-2 \alpha_{i}\right)}{2}\left(\frac{1}{\alpha_{i}}-\frac{1}{\alpha_{i-1}}\right) & \text { if } \beta>\frac{1}{2} .
\end{array}
$$

Thus, we must choose $k$ and $x$ so as to maximize

$$
\begin{gathered}
|\psi| \geq \frac{1-3 \beta^{2}}{24 \alpha_{k}}-\frac{\left(1+\beta-2 \alpha_{0}\right)}{2}\left(\frac{1}{\alpha_{0}}-\frac{2}{1+\beta}\right)-\sum_{i=1}^{k} \frac{\left(1+\beta-2 \alpha_{i}\right)}{2}\left(\frac{1}{\alpha_{i}}-\frac{1}{\alpha_{i-1}}\right) \quad \text { if } \beta \leq \frac{1}{2} \\
|\psi| \geq \frac{(1-\beta)^{3}}{12 \alpha_{k}}-\frac{\left(1+\beta-2 \alpha_{0}\right)}{2}\left(\frac{1}{\alpha_{0}}-\frac{2}{1+\beta}\right)-\sum_{i=1}^{k} n^{2} \frac{\left(1+\beta-2 \alpha_{i}\right)}{2}\left(\frac{1}{\alpha_{i}}-\frac{1}{\alpha_{i-1}}\right) \quad \text { if } \beta>\frac{1}{2}
\end{gathered}
$$

Recalling that $a_{i} / a_{i-1}=c$ the last expression is identical to

$$
\begin{aligned}
\frac{-11-12 \beta-3 \beta^{2}}{24 \alpha_{k}}+2-\frac{2 \alpha_{0}}{1+\beta}+k(1-c) & \text { if } \beta \leq 1 / 2 \\
\frac{-5-9 \beta+3 \beta^{2}-\beta^{3}}{12 \alpha_{k}}+2-\frac{2 \alpha_{0}}{1+\beta}+k(1-c) & \text { if } \beta>1 / 2
\end{aligned}
$$

Recalling that $c=x^{1 /(k+1)}, \alpha_{0}=(1+\beta) c / 2, \alpha_{k}=(1+\beta) c^{k+1} / 2$ we obtain that

$$
\begin{array}{cl}
\frac{-11-12 \beta-3 \beta^{2}}{12 x(1+\beta)}+2-x^{1 /(k+1)}+k\left(1-x^{1 /(k+1)}\right) & \text { if } \beta \leq \frac{1}{2} \\
\frac{-5-9 \beta+3 \beta^{2}-\beta^{3}}{6 x(1+\beta)}+2-x^{1 /(k+1)}+k\left(1-x^{1 /(k+1)}\right) & \text { if } \beta>\frac{1}{2}
\end{array}
$$

Taking the limit of the last expression as $k \rightarrow \infty$ we obtain

$$
\begin{array}{cl}
\frac{-11-12 \beta-3 \beta^{2}}{12 x(1+\beta)}+1+\ln (1 / x) & \text { if } \beta \leq \frac{1}{2} \\
\frac{-5-9 \beta+3 \beta^{2}-\beta^{3}}{6 x(1+\beta)}+1+\ln (1 / x) & \text { if } \beta>\frac{1}{2}
\end{array}
$$

The maximum of the last expression is obtained at $x=\frac{11+12 \beta+3 \beta^{2}}{12(1+\beta)}$ when $\beta \leq 1 / 2$ and at $x=$ $\frac{5+9 \beta-3 \beta^{2}+\beta^{3}}{6(1+\beta)}$ when $\beta>1 / 2$ in which case the expression amounts to

$$
\begin{aligned}
\ln \left(\frac{12(1+\beta)}{11+12 \beta+3 \beta^{2}}\right) & \text { if } \beta \leq \frac{1}{2} \\
\ln \left(\frac{6(1+\beta)}{5+9 \beta-3 \beta^{2}+\beta^{3}}\right) & \text { if } \beta>\frac{1}{2}
\end{aligned}
$$

This proves that

$$
\begin{array}{r}
|\psi| \geq \ln \left(\frac{12(1+\beta)}{11+12 \beta+3 \beta^{2}}\right) n^{2}\left(1-o_{n}(1)\right) \quad \text { if } \beta \leq \frac{1}{2} \\
|\psi| \geq \ln \left(\frac{6(1+\beta)}{5+9 \beta-3 \beta^{2}+\beta^{3}}\right) n^{2}\left(1-o_{n}(1)\right) \quad \text { if } \beta>\frac{1}{2}
\end{array}
$$

This completes the proof of the lower bound in Theorem 1.3 which, together with the proof of the upper bound, yields the entire proof.

## 7 References

## References

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# אריזת משולשים בגרפי תחרות רגולריים וכמעט רגולריים 

## אסלאם עכריה

|  | ' גרפין |  |
| :---: | :---: | :---: |
|  | רגה יו |  |
| ( A1, | זפר | להיו |
|  |  | $n-1$ |
|  |  | 2 |

B.D. )

משודשינ מספר משורשים (שזה : ) (1) $)$ ( $\frac{n^{3}}{24}\left(1-o_{n}(1)\right.$ ואותו קבוצה של שלוש קשתות : $\left\{(x, y),(y, z),(z, x)\left\{\begin{array}{l}\text { שולש טרו } 10)\end{array}\right.\right.$ $C_{3}$ י

קבוצו
ז תחרות כ
$T T_{3}$
ם בקשתות.


הרגולריו עם $n$ קודקוזים (n אי-זוגי). (איו 1) החסמים הם הם טריוויאהייים:

$$
\frac{n^{2}}{24}\left(1-o_{n}(1)\right) \leq v_{3}(n) \leq \frac{n^{2}}{6}\left(1+o_{n}(1)\right)
$$

כיל

$$
\text { יזזה ע"י } \frac{n^{2}}{6}\left(1-o_{n}(1)\right.
$$

(T.P. Kirkman 1847)

$$
\text { בור } \quad \text { ב ק }
$$

עד לר :ע זה של (n)

$$
\frac{n^{2}}{11.5}\left(1-o_{n}(1)\right) \leq v_{3}(n) \leq \frac{n^{2}-1}{8}
$$

(R. Yuster 2013)
(R. Yuster 2013)
; שלנו עבו יה זאת הי;

$$
\left(1-o_{n}(1)\right) n^{2} / 9-
$$

: מובן מסו: "הגרועה ביוח •". וכתוצ؛:

$$
v_{3}(n)=\frac{n^{2}}{9}\left(1+o_{n}(1)\right)
$$

. (R. Yuster 2013)

$$
" \text { (R. Yuster 2013) } 3.3
$$



$$
\begin{aligned}
& \text {, עששה: } \\
& v_{3}(n) \leq \frac{n^{2}}{9}\left(1+o_{n}(1)\right)
\end{aligned}
$$

$$
\begin{aligned}
& \text { C לשים C } \\
& \text {. } \frac{n^{2}}{24}\left(1-o_{n}(1)\right) \leq v_{3}(n): \text { : : }
\end{aligned}
$$

$$
\begin{gathered}
v(\beta, n) \geq \ln \left(\frac{12(1+\beta)}{11+12 \beta+3 \beta^{2}}\right) n^{2}\left(1-o_{n}(1)\right) \text { if } \beta \leq \frac{1}{2} \\
v(\beta, n) \geq \ln \left(\frac{6(1+\beta)}{5+9 \beta-3 \beta^{2}+\beta^{3}}\right) n^{2}\left(1-o_{n}(1)\right) \text { if } \beta \geq \frac{1}{2}
\end{gathered}
$$

5 . $\quad \beta n$ תחרות
(P.E.
(R. Yuster 2013)
(Z. Nutov and R.Yuster 2007)

Haxell and V.Rödl 2001)
ית לבין הח
תחרות

